



Local AA History

Blackie K from the Pioneer Group, SLO
(from a taped interview on March 8, 1986)

"My name is Blackie K. I was around AA for 9 months in San Luis Obispo and then I returned to drinking. My last drink was November 1950.

The first meeting that I attended in San Luis was held at the Presbyterian Church on Marsh St. Then they moved to a room behind the United Cigar Store on the corner of Court and Higuera. This room at one time had been used for a bookie joint but had been raided by the state. We used it for a few months. Then we met on the closed-in front porch of Louie the butcher, on Pacific Street. Then I went back to drinking. When I returned in 1950 the group was meeting in the basement of the Methodist Church, at the corner of Pacific and Morro Street. We had a closed meeting on Monday and an open meeting on Thursday night.

The group at that time consisted of 10-12 members. There was Ted H., Jack M., Pappy T., Bud and Mary H., Tag, Helene P. and Frances F.

To the best of my knowledge the first meeting was held in 1947 in San Luis Obispo. It was held in Supreme Court, in Judge Ray B. Lyons court room. He was not an alcoholic. At the request of Judge Lyons, Pat M., of Fresno and Ed T., of Bakersfield came over and put on a meeting.

In 1954 the group moved into an older house, at 2640 South Broad Street. It operated sort of like a club but wasn't designated as one.

In 1953 some of the members were Johnny J., Russ, myself, Bill M., Ted H., Ray F. and his wife Alice, Mel R. Irvin H., Earnest S., Vivian C., Earl B., Augie and Mary M., Bill the barber, Bill A., Helen R., Vesta B., Mike S., Ted and Dorothy P. and Paul R.

They moved from 2640 Broad for a while and then moved to the Bank of America on Higuera Street at the corner of Garden and Higuera. About 1963 they moved to the Alano Club at 1814 Osos Street."

District 22 Convention

The first 22nd District Convention was held on Saturday, 20 July 1968. It was held at the Veterans Memorial Building in Pismo Beach. It was decided to just hold it for one day because nobody had any idea how it would go over.

There were many similarities to the 51st District 22 Convention held this August 24-26; an Al-Anon Luncheon, a BBQ, a Speaker Meeting and a dance. Differences included the luncheon venue of "Mattie's Restaurant" on Mattie's Rd., Shell Beach vs. the Madonna Inn, SLO; and dancing to a "live orchestra" vs. D.J. Dancing complete with light show. Not only was a good time had by all, but the message of Alcoholics Anonymous was communicated to those still suffering and reinforced in those living in the Solution.

One touching moment for this alcoholic was the Sobriety Countdown where an alcoholic of 57 years gave a Big Book to an alcoholic with 1 day. So much love was being directed to the young lady with one day... I hope the magic (12 Step program) works in her life. I had met her at a Marathon meeting earlier and had the honor of exchanging phone numbers. This is how it works, folks!

There were movies about recovery from alcoholism being shown in the American Legion Post 66 bar... a cushy place to take a break and catch a show. Next door the marathon meetings ran non-stop for 40 hrs. A big THANK YOU shout out to the volunteer secretaries at these meetings! And to the coffee crew who kept us stocked with hot coffee.

The Speakers were extraordinary; if you'd like to listen to their pitches, you can order them online through Smile GOD Loves You Media <http://www.sgly.com> Look for the "District 22 51st Convention".

In the end it's always the PEEPS that make or break the event, and we've got some stellar ones here in District 22 that's for sure!

Judy G

AA Birthdays!



W H O	W H E R E	Y E A R S
Shelly B.	Cambria	3
Dana R.	Paso Robles	7
Dara A.	Avila Beach	9
Jeffrey T.	Templeton	15
Ally T.	Grover Beach	19
Gina S.	Paso Robles	21
B. Klink	Arroyo Grande	41

If you'd like to celebrate your sobriety Bday with us in the NNL, send details to:

NNLEditor@gmail.com -OR-

Send us a donation in a Birthday Envelope and mark the box to include in the NNL



Meeting Directory Changes

NEW: Students for Recovery
 Thursday 7:15 pm 60 min. OPEN
 Cal Poly 27-11
 1 Grand Ave, San Luis Obispo
 (Pulse Conference Room - Below Health Center)

4 ways to submit changes to our Directory

1. Drop by Central Office and enter change(s) on a meeting change form
2. Call Central Office (805-541-3211) and relay the change info to the volunteer
3. Email the change info to: nnleditor@gmail.com
4. Access the meeting change form online at www.sloaa.org

Help yourself, they are FREE!

Ask your Literature Rep to pick some up

Meeting Directories

Newcomers Packets

Nameless Newsletters

Pamphlets

Central Coast Central Office

1137-B Pacific St.

San Luis Obispo



...of Dave S., our longtime Volunteer Coordinator who touched many lives with his dedication to the service of Alcoholics Anonymous. May he Rest In Peace.

-Central Office Board & Volunteers

AREA SPEAKER MEETINGS



Five Cities Speaker Meeting

2nd Friday, 7:00pm Potluck, 8:00pm meeting, 564 Mesa View Dr., Arroyo Grande

Fellowship Speaker Meeting

Every Friday, 7:00pm, United Methodist Church 1515 Fredricks St., San Luis Obispo

Middle House Speaker Meeting

Every Sunday, 10:00am (Pastries/coffee at 9:30am) 2939 Augusta St., San Luis Obispo

Sunday Night Speaker Meeting

Every Sunday, 6:00pm, Lutheran Church 4500 El Camino Real, Atascadero

Last House on the Block Speaker Meeting

Every Sunday, 5:00pm, 770 Evans, San Luis Obispo



Week SATUDAY SPEAKER MEETINGS

1st **South County Speaker Meeting**
 8:00pm, St. John's Lutheran Church
 959 Valley Rd., Arroyo Grande

2nd **Morro Bay Speaker Meeting**
 7:30pm, St. Timothy's Parish Hall
 962 Piney Way, Morro Bay

3rd **Saturday Night Live**
 7:30pm, Calvary Church
 4029 S. Higuera St, SLO

4th **Cambria Speaker Meeting**
 8:00pm, Santa Rosa Catholic Church
 1174 Main St, Cambria

Last **Easy Does It Speaker Meeting**
 7:00pm, St. James Church,
 14th & Oak St., Paso Robles

Central Office	Officers	@gmail.com
Chair	Bob R	cccoichair
Vice Chair	Jim L.	cccoivice
Secretary	Leonard L	cccoisecretary
Treasurer	Bonnie N	cccoitreasurer
Literature	Joe E	cccoilit
Communications	Jeff L	cccoinnlchair
Member at Large	Gina S	
Central Office	Staff	
Office Manager	Vacant	cccoimanager
Volunteer Coord.	Dave S	"Dave's not here"
Call Forwarding	Sharon H	
Webmaster	Vacant	centraloffice22
Nameless News	Judy G	nnleditor

September: *Humility*Step 9

Made direct amends to such people whenever possible, except when to do so would injure them or others.

Tradition 9

A.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.

The (9th Step) Promises

1. **If we are painstaking about this phase of our development, we will be amazed before we are halfway through.** *This promise states that people who complete the AA program and make a sincere effort will begin to see changes in their lives even before they are halfway done.*
2. **We are going to know a new freedom and a new happiness.** *People who finish the steps will experience relief from the suffering of addiction and feel free to pursue a new life without alcohol.*
3. **We will not regret the past nor wish to shut the door on it.** *Those who work the program will gain a sense of acceptance that allows them to process their experiences, learn from them, and move on without guilt.*
4. **We will comprehend the word serenity, and we will know peace.** *Addiction can lead to a constant state of inner turmoil. The AA program helps people find a calmness that is rare during active using, and that many addicts have never known in their lives.*
5. **No matter how far down the scale we have gone, we will see how our experience can benefit others.** *Many addicts don't believe that other people understand what they've been through. But in AA, they often meet people who can identify with and learn from their experiences.*

6. **That feeling of uselessness and self-pity will disappear.** *Addiction makes users feel worthless and guilty about their actions. The steps can give people a sense that their lives have a meaning and a purpose, particularly through helping others.*
7. **We will lose interest in selfish things and gain interest in our fellows.** *Addiction leads to many self-centered behaviors. Helping other people find recovery can bring addicts outside of themselves and help them develop a genuine interest in other people.*
8. **Self-seeking will slip away.** *The tunnel vision of focusing only on oneself and drinking usually begins to fade as people work the steps.*
9. **Our whole attitude and outlook upon life will change.** *AA can shift one's perspective from hopeless to hope. People can begin to imagine a life where they are happy.*
10. **Fear of people and of economic insecurity will leave us.** *Alcoholics who recover through AA don't feel like they must hide anymore or worry about how to support their addiction and maintain financial security.*
11. **We will intuitively know how to handle situations which used to baffle us.** *As the AA member gets deeper into the recovery process, they begin to see situations more clearly and can tap into their inner resources.*
12. **We will suddenly realize that God is doing for us what we could not do for ourselves.** *The concept of a higher power is central to AA. This higher power, be it God or something else, becomes a guiding force in the person's life.*

October: *Brotherly Love*Step 10

Continued to take personal inventory and when we were wrong promptly admitted it.

Tradition 10

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

UPCOMINGEVENTS

September 7-9

Pacific Regional Forum

San Jose, CA

https://www.aa.org/pages/en_US/online-forum-registration

September 21-23

Courage to Change

Rancho Mirage, CA

<http://www.aasocal.com>

October 5-7

Central Coast AA Roundup

Santa Maria, CA

<http://centralcoastroundup.org>

October 19-21

SBAA Convention

Santa Barbara, CA

<http://sbaaconvention.org>



July 2-5, 2020

2020 International AA Convention

Detroit, MI

www.aa.org

To find out what else is going on, you can:
Visit Central Office at 1137 #B Pacific St, SLO, or
Call us at: 805-541-3211, or

Visit our website at <http://www.sloaa.org>



Central Coast Central Office

- **Office Manager** -

- **Volunteer Coordinator** -

Email ccoitreasurer@gmail.com

for more info.

Answer to last month's puzzle:

"Our Roots Grasped a New Soil"

SERVICE COMMITTEE MEETINGS

Central Office Board of Directors Meeting

1st Wednesday, 5:30pm, Central Office
1137 Pacific Ave. #B, S.L.O.

Intergroup Central Office Rep. Meeting

2nd Sunday, 8:45am, ALANO Club
3075 Broad St., S.L.O.

22nd District General Service Rep. & Comm. Mtg

2nd Sunday, 10:15am, Alano Club
3075 Broad St., S.L.O.

Hospitals and Institutions Mtg & Bridging The Gap

3rd Tuesday, 6:40pm, Alano Club
3075 Broad St., S.L.O.

District 22 Convention Committee

2nd Sunday, 12:00 noon, Melody
560 Higuera St., Suite E, S.L.O.

7TH TRADITION MAILING LIST

for GROUP TREASURERS

General Service Office

P.O. Box 459
New York, NY. 10163-0459

P.O. Box 12737
San Luis Obispo, CA. 93406

Central California Area Assembly Area 93

606 Alamo Pintado, #140
Solvang, CA. 93463

Hospitals and Institutions (H&I)

P.O. Box 12737
San Luis Obispo, CA. 93406

22nd District

P.O. Box 1891
San Luis Obispo, CA. 93406

Central Coast Central Office Intergroup (CCCOI)

P.O. Box 12737
San Luis Obispo, CA. 93406

SERVICE OPPORTUNITIES at the Central Office

CURRENT OPENINGS: Office Manager and Office Volunteers; 805-541-3211

Our Central Office provides AA-Approved Literature and general information to alcoholics, the public and the groups of San Luis Obispo County. We are entirely staffed by volunteers ...

Would you like to be of service? We maintain regular business hours Monday through Saturday with our **Office Volunteers** who **work a 3-hour shift every week or every other week.** We also have an answering service which consists of our **Call Forwarding Volunteers** who are available by phone when the office is closed. **Our goal** is for anyone who is looking for help for themselves or someone else to be able to talk to an alcoholic 24 hours per day 7 days a week.

If you'd like more information or would like to volunteer **please call 805-541-3211.** Six months' continuous sobriety is required and training is provided.

To volunteer to be on the Central Coast Central Office 12th step list please call the office at 805-541-3211 and leave a message for the Office Manager with first name, last initial, phone # and email address (optional). Or send an email to: CCCOIManager@gmail.com with the same information and a return email will be sent to you with details. There is also an online form on www.sloaa.org